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**Rectification of El Nino-Southern Oscillation into Climate Anomalies of Decadal
and Longer Time-Scales: Results From Forced Ocean GCM Experiments**

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ABSTRACT

To better understand the causes of climate change in the tropical Pacific on the decadal and longer time scales, the rectification effect of ENSO events is delineated by contrasting the time-mean state of two forced ocean GCM experiments. In one of them, the long-term mean surface wind stress of 1950—2011 is applied while in the other, the surface wind stress used is the long-term mean surface wind stress of 1950-2011 plus the interannual monthly anomalies over the period. Thus the long-term means of the surface wind stress in the two runs are identical. The two experiments also use the same relaxation boundary conditions---the SST is restored to the same prescribed values. The two runs, however, are found to yield significantly different mean climate for the tropical Pacific. The mean state of the run with interannual fluctuations in the surface winds is found to have a cooler warm-pool, warmer thermocline water, and warmer eastern surface Pacific than the run without interannual fluctuations in the surface winds. The warming of the eastern Pacific has a pattern that resembles the observed decadal warming. In particular, the pattern features an off-equator maximum as the observed decadal warming. The spatial pattern of the time-mean upper ocean temperature differences between the two experiments is shown to resemble that of the differences in the nonlinear dynamic heating, underscoring the role of the nonlinear ocean dynamics in the rectification. The study strengthens the suggestion that rectification of ENSO can be a viable mechanism for climate change of decadal and longer time-scales.

21 **1. Introduction**

22 Among the many milestones marking the conceptual advances in our understanding
23 of the origin of natural climate variability, we find that the study by Kessler and
24 Kleeman (2000) stands out as distinctly as that by Hasselmann (1976) in their
25 originality of pointing out that climate variability of one time-scale can be an
26 important cause or significant contributor for climate variability of a different
27 time-scale. Specifically, the study by Kessler and Kleeman (2000) points out that the
28 Madden-Julian Oscillation (MJO)—an intra-seasonal climate signal in the surface
29 winds- can be converted to a Sea Surface Temperature (SST) anomaly in the tropical
30 Pacific that resembles what is normally associated with El Niño Southern Oscillation
31 (ENSO)—an inter-annual climate signal. The underlying mechanism for this
32 conversion is provided by nonlinear ocean dynamics (“nonlinear rectification” in the
33 words given by this study). A question that naturally follows up on the study of
34 Kessler and Kleeman (2000) is whether this up-scale conversion stops with MJO and
35 ENSO. Can ENSO signal in the surface winds be converted to SST anomalies
36 resembling to the observed decadal signal—the tropical Pacific decadal variability
37 (Zhang et al. 1997)? The present paper deals with this question in a manner that is
38 analogous to that by Kessler and Kleeman (2000). This study is also meant to
39 complement the earlier studies by some of the present authors using a hybrid coupled
40 model (Sun and Zhang 2006, Sun 2007) as well as an analytical model (Liang et al.
41 2012) in delineating the time-mean effect of ENSO events.

42

43 The observational motivation for this study is provided by Fig. 1. The regime-like
44 shift in the tropical SST since 1976 (Wang and Ropelewski 1995; Zhang et al. 1997)
45 is accompanied with a change in the level of ENSO variability – the variance of the

46 interannual variability of the tropical Pacific SST (Fig. 1b). The level of ENSO
47 activity during the epoch with a warmer time-mean SST in the eastern tropical Pacific
48 is anomalously higher than the previous epoch with a colder time-mean SST in the
49 eastern tropical Pacific. Is the change in the level of ENSO activity caused by the
50 change in the time-mean state, or the change in the time-mean state is a consequence
51 of the change in the level of ENSO activity?

52

53 A numbers of studies have examined the impact of a warming in the mean state of
54 the tropical Pacific on the level of ENSO activity (Fedorov and Philander 2000, 2001;
55 An and Jin 2001; and Wang and An 2001 among others). These studies employ the
56 traditional linear instability analysis of the mean state and deduce the impact of
57 changes in the mean state on the growth rate of the ENSO modes. These studies have
58 nicely illuminated a consistency between the changes in the level of ENSO activity
59 and the corresponding changes in the time-mean state, within the mathematical
60 framework of linear instability analysis. However, these studies do not address the
61 cause of the warming in the time-mean state, in particular the question whether an
62 increase in the level of ENSO activity can induce a warming in the time-mean state
63 resembling the observed decadal warming (Fig. 1a).

64

65 The possibility that ENSO may have an important time-mean effect on the tropical
66 Pacific climatology has been highlighted by studies of the role of ENSO events in the
67 long-term heat balance of the tropical Pacific. Using a hybrid coupled model in which
68 the ocean component is an upper ocean GCM—the NCAR Pacific basin model (Gent
69 and Cane 1989) — a model that has an explicit heat budget for the subsurface ocean,
70 Sun (2003) not only finds a positive impact of an increase in the tropical maximum

71 SST on the amplitude of ENSO, but also finds that in the presence of ENSO, the
72 time-mean zonal SST contrast is less sensitive to an increase in the tropical maximum
73 SST than in the absence of ENSO because the resulting stronger ENSO variations
74 tend to cool the western Pacific and warm the eastern Pacific. The time-mean
75 effect of ENSO events was further studied in Sun and Zhang (2006). In the
76 experiments conducted in this study, they perturbed the long-term heat balance of the
77 model in more variety ways including subjecting the model to an enhanced cooling in
78 the subtropics as well as to an increase in the tropical heating. Again, they find that
79 the response in the upper ocean temperature to an increase in the tropical heating is
80 very different between the case with ENSO and the case without ENSO. The results
81 suggest that the time-mean effect of ENSO events is to cool the western Pacific
82 warm-pool, warm the subsurface thermocline water and the broad region of the
83 surface tropical eastern Pacific (see Fig. 4 in that study). Sun (2007) discussed the
84 implications of the time-mean effect of ENSO events for understanding the response
85 of the tropical Pacific climate to the rise of CO₂ in the atmosphere.

86

87 There are also more empirically based studies of the time-mean effect of ENSO
88 events (Rodger et al. 2004; Yeh and Kirtman 2004, Sun and Yu 2009; Yu and Kim
89 2011, Choi et al. 2011). These studies note the surface manifestation of the
90 asymmetry between El Niño and La Niña events – the strongest El Niño event,
91 measured by the Niño3 SST anomaly, being stronger than the strongest La Niña event
92 – has long been noted (Zebiak and Cane 1987; Burgers and Stephenson 1999). Rodger
93 et al. 2004 and Yeh and Kirtman 2004 are probably among the first to suggest that
94 decadal variability in the tropical Pacific may result from a “residual” effect of ENSO
95 on the background state due to the asymmetry between El Niño and La Niña events.

96 They find respectively in a long simulation by two different coupled GCMs that
97 changes in the mean state between decades with high ENSO activity and decades with
98 low ENSO activity resemble the residual of the two phases of ENSO in the model.
99 They thereby suggest that the asymmetry could be a mechanism for decadal changes
100 in the tropical Pacific SST. Noting a 15 year cycle in the level of ENSO activity in an
101 extended SST data set consisting of historical and paleo-climate data, and a change in
102 the asymmetry of ENSO with this decadal cycle, Sun and Yu (2009) have argued that
103 the residual effect from the ENSO asymmetry may provide an explanation for the
104 decadal cycle they have noted in the level of ENSO activity. A similar conclusion has
105 been reached by examining a long-term simulation of GFDL coupled GCM CM2.1
106 (Choi et al. 2011). Yu and Kim (2011) have further investigated the decadal
107 variability in CMIP3 models from the angle of ENSO asymmetry. Specific
108 mechanisms have also been proposed to explain the asymmetry between the two
109 phases of ENSO. Jin et al. (2003) and An and Jin (2004) suggest that the asymmetry
110 is due to the nonlinear term in the heat budget equation for the surface ocean. Schopf
111 and Burgman (2006) have showed that the skewness of the SST distribution could be
112 due to a kinematic effect of oscillating a nonlinear temperature profile.

113

114 A basic assumption is implicit in these empirical studies: asymmetry results in a
115 time-mean effect of ENSO events. ENSO asymmetry by itself does not guarantee a
116 significant time-mean effect of ENSO events, however. The asymmetry between the
117 two phases of ENSO only suggests a non-zero residual effect of ENSO, to the extent
118 that a finite threshold value is used to define El Niño and La Niña events. But because
119 such a residual effect will depend quantitatively on how you define El Niño and La
120 Niña events, the asymmetry alone does not necessarily imply a significant time-mean

121 (or rectification) effect of ENSO. For the same reason, while we may divide the
122 observations and model simulations of ENSO into epochs with different levels of
123 ENSO activity and then try to discern the time-mean effect of ENSO by contrasting
124 the mean states of these epochs as done in Rodgers et al. (2004), we can only confirm
125 through this approach a correspondence between a change in the level of ENSO
126 activity and a change in the mean state. A correspondence between the degree of
127 asymmetry of ENSO and its time-mean effect is found in a nonlinear box model for
128 the tropical Pacific (Liang et al. 2012), but they show that this correspondence occurs
129 not because the former causes the latter, but because they are both caused by the
130 nonlinear term in the heat budget equation.

131

132 The approach employed by Liang et al. (2011) is novel in that they quantify the
133 time-mean effect of ENSO by contrasting the equilibrium state of the coupled tropical
134 ocean-atmosphere with the actual realized climatology. At the equilibrium, ENSO as
135 an instability has not manifested while in the actual realized climatology ENSO has
136 manifested. Thus, the difference between the two is a good measure of the ENSO
137 effect in the climatology. Indeed, they have succeeded in doing such analysis with the
138 use of an analytical model. The model is a highly simplified representation of the
139 coupled tropical ocean-atmosphere system, but it encapsulates the major physics of
140 the ENSO system. In the context of this model, they show unambiguously that the
141 time-mean effect of ENSO is a warming to the eastern tropical Pacific. The simplicity
142 of the model, however, does not give the corresponding meridional structure of the
143 warming, limiting the application of the mechanism revealed in that model to the
144 observed decadal warming. A key feature of the observed warming in the eastern
145 tropical Pacific is the off-equatorial maximum in contrast to the El Nino warming or

146 the residual SST signal between the two phase of ENSO. Nonetheless, the results of
147 Liang et al. (2011) demonstrate the origin of the rectification—the nonlinear
148 advection of heat by ocean currents, suggesting rectification effect may show up even
149 in forced ocean GCM experiments.

150

151 In this paper, we explore the time-mean effect of ENSO events by conducting
152 forced ocean GCM experiments. The methodology is analogous to that used by
153 Kessler and Kleeman (2000) in their study of the rectification effect of MJO on ENSO.
154 In the present study, the fluctuations in the surface wind stress are interannual
155 fluctuations and the “rectified” effect of these fluctuations are climate anomalies on
156 the decadal and longer time-scales. Complementing the study by Liang et al. (2012),
157 the present methodology will allow us to see the meridional structure of the rectified
158 warming to the eastern Pacific. A distinguished feature in the meridional structure of
159 the observed tropical decadal warming in the eastern tropical Pacific is that the
160 maximum warming is located off equator because of an apparent minimum warming
161 right on the equator (Fig. 1a). This feature is in contrast to the residual between El
162 Nino and La Nina which has its maximum right on the equator.

163

164 This remaining of paper is organized as follows. Methodology and the model
165 used for the experiments are described in Section 2. Key results from this study are
166 reported in Section 3. Some key implications from the results are provided in Section
167 4.

168

169 **2. Methodology**

170 As already mentioned, the methodology is similar to that of Kessler and Kleeman

171 (2000) except that it is applied to delineate the rectification effect of ENSO time-scale
 172 fluctuations onto the climate variability on the decadal and longer time-scales. Two
 173 experiments are conducted with a tropical upper ocean GCM. In one of them, the
 174 long-term mean surface wind stress of 1950—2011—the surface wind stress averaged
 175 over the entire period-- is applied (Eq. 1A), while in the other, the surface wind stress
 176 used is the long-term mean of 1950-2011 plus the interannual monthly anomalies over
 177 the period (Eq. 1B),

$$178 \quad \vec{\tau}_A = \vec{\tau}_o \quad (1A)$$

$$179 \quad \vec{\tau}_B = \langle \vec{\tau}_o \rangle + \vec{\tau}'_o \quad (1B)$$

180 where $\langle \rangle$ represents the long-term mean and $\vec{\tau}'_o$ is the interannual anomaly relative
 181 to the long-term mean,

$$182 \quad \vec{\tau}'_o = \vec{\tau}_o - \langle \vec{\tau}_o \rangle \quad (2)$$

183 Thus the long-term means of the surface wind stress in the two runs are identical as
 184 the anomalies are by design to have zero long-term mean,

$$185 \quad \langle \vec{\tau}_A \rangle = \langle \vec{\tau}_B \rangle \quad (3)$$

186 The two experiments also use the same linear relaxation boundary condition---the
 187 SST is linearly restored to the same prescribed values,

$$188 \quad F_s = cC_p\rho H_m (SST_p - SST) \quad (4)$$

189 where F_s is the net surface heat flux into the ocean, C_p is the specific heat, ρ is
 190 the density of water, c is the restoring coefficient, H_m is the depth of the mixed layer
 191 which has a fixed value in the ocean model (50 m), SST_p is the prescribed
 192 equilibrium SST, and SST is the actual model predicted SST. Eq. (4) is the same as
 193 Eq. (2) in Sun (2003). The form of SST_p used here is also the same as in Sun
 194 (2003)—it is constant with time and is zonally symmetric (see Eq. (5) in Sun (2003)).

195 If the ocean dynamics is linear, then the time-mean state of the two experiments
196 should be identical.

197

198 The tropical upper ocean GCM used here is the NCAR Pacific basin model (Gent and
199 Cane 1989, Gent 1991). The model has fine spatial resolution for the equatorial
200 ocean (1° by 0.25°). It is the same tropical upper ocean model used by Kessler and
201 Kleeman (2000) except a restoring thermal boundary condition (Eq. (4)) rather than
202 using the original formulation by Seager et al. (1988). This allows us to focus on
203 delineating the nonlinearity in the upper ocean dynamics. As we will see, the restoring
204 boundary condition provides a realistic simulation of ENSO when forced with the
205 observed windstress. The surface wind stress used for the pair of experiments is from
206 NCEP (Kalnay et al 1996).

207

208 **3. Results**

209 **3.1 ENSO in the forced ocean experiments**

210 With ENSO fluctuations included in the surface wind forcing, the model simulates the
211 ENSO events as manifested in the SST field as well as in the upper ocean
212 temperatures. Fig. 2 compares the time series of the Nino3 SST from observations and
213 the forced ocean GCM experiment. The simulation captures all the observed El Nino
214 events. The two strongest events in the instrumental record—the 1982-83 El Nino and
215 the 1997-98 El Nino event are well simulated in both timing and magnitude. The
216 overall correlation between the simulated monthly Nino3 anomalies and those in the
217 observations are about 0.75. The composite of the warm phase and cold phase SST
218 anomalies are shown in Fig.3 together with their residuals (warm phase + cold phase)

219 as a measure of the ENSO asymmetry in the surface field. A 0.5 °C threshold value
220 for the monthly SST anomaly was used for obtaining the warm phase and cold phase
221 composites and the same criterion was used for both the model data and observations.
222 The major features of the spatial pattern of the SST anomalies in both of the two
223 phases are well simulated. The only noticeable discrepancy with the observations is
224 found in the immediate region of the coast, particularly in the cold phase. The SST
225 anomaly for the cold phase in the observations has its maximum clearly detached
226 from the coast, but this feature is less distinct in the model simulations. The
227 consequence on the asymmetry pattern is that ENSO in the models is slightly less
228 asymmetric in the models than in the observations in the immediate region of the
229 coast. But the overall pattern of the asymmetry is captured by the model, implying the
230 nonlinear aspects of the dynamics are adequately represented in the model used.

231 The corresponding subsurface signatures from the observations and the model are
232 further presented in Fig. 4. Again, the major features of the subsurface temperature
233 anomalies for the two phases of ENSO are well captured by the models. The
234 differences are quantitative and in the details. The most noticeable differences are an
235 underestimate of the cooling to the western Pacific subsurface in the warm phase of
236 ENSO, which in turn causes an underestimate of the cooling in the residual anomaly
237 between the two phases. The warming in the eastern Pacific near the surface is less
238 pronounced than in the observations during the warm phase of ENSO. The somewhat
239 weaker El Nino events as shown in the composite could be mostly due to the known
240 biases in the NCEP wind-stress used (Guillermo et al. 2001, Wittenberg 2004).
241 Overall and as far as the major features are concerned, ENSO events in the simulation
242 are realistic and this gives confidence on the fidelity of the upper ocean dynamics as
243 represented in the NCAR Pacific basin model.

244 **3.2 Differences in the mean state between the two experiments**

245 Despite the identical long-term surface wind stress and the identical restoring SST and
246 restoring coefficient, the long-term mean climate is significantly different between the
247 two forcing experiments. Fig. 5ab present the differences in the time-mean state of
248 these two experiments measured respectively by the equatorial upper ocean
249 temperature (Fig. 5a) and the SST (Fig.5b). The difference is characterized by a
250 cooling of the western Pacific warm-pool, a warming of the equatorial thermocline
251 water, a warming of the central equatorial Pacific, and a warming of the broad region
252 of the surface eastern tropical Pacific. Note that right on the equator in the far eastern
253 Pacific, the climate with ENSO actually is somewhat cooler than in the one without
254 ENSO, but the surrounding off-equatorial region is considerably warmer.

255 To gain a more quantitative understanding of the time-mean effect of ENSO events as
256 a function of the variance of interannual fluctuations, we have done an additional
257 forced ocean GCM experiment in which the magnitude of wind stress anomalies is
258 amplified by 50%--the time series of the wind-stress anomalies is multiplied by 1.5.
259 The magnitude of ENSO, as measured by the standard variation in the Nino3 SST is
260 found to be increased about the same amount (i.e., 50%). The resulting differences
261 in the time-mean upper ocean temperature and SST between the enhanced ENSO run
262 and the control run without ENSO are presented in Fig.6ab. Comparing Fig.6ab
263 with their counterparts in Fig. 5, we see that the time-mean effect of ENSO is further
264 enhanced as the variance of ENSO in the surface winds is further increased.

265 The time-mean effect of ENSO events as outlined by these differences between the
266 two forced experiments are qualitatively consistent with what is found in Sun and
267 Zhang (2006) (see their Fig. 4). The time-mean effect of ENSO as indicated by the

268 present experiments are also consistent with those between the time-mean state and
269 the equilibrium *state* found by Liang et al. (2011). Recall that they have found that
270 in the presence of ENSO, the depth of the thermocline in the east is deeper in the
271 time-mean state than in the equilibrium state. The reverse is true for the thermocline
272 in the west. As the amplitude of ENSO increases, the depth of the thermocline in the
273 time-mean state in the east Pacific becomes increasingly deeper than that in the
274 equilibrium state, underscoring the impact of ENSO on the depth of the thermocline.
275 Owing to a much more realistic ocean model, the present study reveals new features,
276 in particular, the meridional structure of the warming in the tropical eastern Pacific as
277 well as the pronounced cooling in the western Pacific.

278

279 **3.3 Mechanisms responsible for the rectification**

280 One key insight from the study of Liang et al. (2011) is that it is the nonlinear
281 advection of heat in the upper ocean that is responsible for the rectification. In an
282 earlier study by Jin et al (2002) focusing on the surface heat budget, they have also
283 argued for the importance of the nonlinear dynamical heating (NDH) in the ENSO
284 asymmetry and by implication the importance of this quantity for the corresponding
285 rectified effect of ENSO into the mean state. Accordingly, we have calculated the
286 NDH—the convergence of $\overline{VT'}$ (where V' and T' are respectively the fluctuating
287 part of the velocity and temperature relative to the long-term mean, and the over-bar
288 denotes the time-average over 1950-2011 which covers many cycles of ENSO).

289

290 The distribution of NDH in the equatorial upper ocean (5°S-5°N) in the run with
291 ENSO is presented in Fig. 7a. The pattern has a clear correspondence with that in the
292 temperature differences between the run with ENSO and the run without ENSO in the

293 surface forcing (Fig. 5a)—regions with a positive temperature difference in Fig.5a
294 have heating in Fig. 7a while regions with a negative temperature difference in Fig5a
295 have a cooling in Fig.7a. The distribution of NDH in the surface layer of the tropical
296 Pacific is shown in Fig. 7b. The pattern also resembles that in Fig.5b closely with the
297 exception for the region right on the equator in the eastern Pacific. In the heating
298 pattern, it is warming right on the equator in the eastern Pacific, while in the
299 temperature difference pattern, it is negative and therefore implies cooling. It turns out
300 that this difference is due to the presence of NDH in the run without ENSO due to
301 tropical instability waves (Legeckis 1977; Weisberg and Weingartner 1988; Qiao and
302 Weisberg 1995; Qiao and Weisberg 1998). Recall that the ocean has fine spatial
303 resolution for the equatorial region (1° by 0.25°) and is able to resolve tropical
304 instability waves (Gent and Cane 1989, Gent 1991). When the NDH presented in the
305 run with climatological winds is deducted from the NDH in the run with ENSO
306 forcing (Fig. 8b), the region right on the equator again has negative heating in that
307 region, consistent with the sign of the time-mean temperature difference in that region.
308 It has been shown before that instability waves contribute significantly to the heating
309 of the equatorial cold-tongue (Jochum and Murtugudde 2004; Menkes et al. 2006; Seo
310 et al. 2006, An 2008). In particular, An (2008) has shown that that the heating to the
311 equatorial cold-tongue from the instability waves has a nonlinear relationship with the
312 intensity of the cold-tongue, resulting a residual effect when ENSO is presented.
313 The present results (Fig. 7b and Fig. 8b) are consistent with the finding of An (2008).
314 Thus, the equatorial minimum of the time-mean effect of ENSO in the eastern tropical
315 Pacific appears to have a lineage with the asymmetric dynamics of the instability
316 waves, underscoring the depth of dependence of climate anomalies of a longer
317 time-scale on climate processes of shorter time-scales.

318

319 The overall pattern of NDH shown in Fig. 7 and Fig. 8 is mainly determined from
320 its zonal component—the advection of the anomalous temperature by the anomalous
321 zonal current. Fig. 9 and Fig. 10 present the three components of the total NDH
322 shown in Fig. 7 and Fig. 8 respectively. Note that the close resemblance between the
323 zonal component of the NDH and the total NDH. In terms of magnitude, the
324 meridional component and the vertical component of NDH are as significant as the
325 zonal component, but their broad spatial pattern is different from that of the total
326 NDH. In fact, the meridional component and the vertical component largely cancel
327 each other in the equatorial upper ocean except in the surface layer. Focusing on the
328 warming in the surface eastern Pacific however, the meridional component of the
329 NDH is also a significant contributor (Fig. 10).

330

331 **4. Implications**

332 The study advances our understanding of the time-mean effect of ENSO events on
333 the thermal structure of the equatorial upper Pacific ocean beyond that from the
334 empirical studies (Rodger et al. 2004; Yeh and Kirtman 2004, Schopf and Burgman
335 2006, Sun and Yu 2009, Yu and Kim 2011). In particular, it shows that using the
336 residuals between the two phases of ENSO to represent the time-mean effect of
337 ENSO is only good for the broad pattern of the effect, but inaccurate in details. The
338 differences are particularly noteworthy in the equatorial eastern Pacific--the residual
339 SST anomaly between the two phases of ENSO in the eastern Pacific has its
340 maximum right on the equator, but the rectified effect of ENSO events obtained by
341 the present method has an off-equator maximum.

342

343 The newly identified feature in the spatial pattern of the rectified effect of ENSO
344 events in the eastern Pacific-- the off-equator maximum, however, is in the observed
345 decadal warming in the eastern Pacific (Fig. 1a). Thus the present results actually add
346 weight to the argument that the recent decadal warming in the eastern tropical Pacific
347 may be a consequence of the elevation of ENSO events during this period, and more
348 generally to the suggestion that a nonlinear interaction between ENSO events and the
349 time-mean state may act as a viable mechanism for decadal variability in the tropical
350 Pacific region. Specifically, the present results combined with the studies by Fedorov
351 and Philander (2000, 2001) and Liang et al. (2012) allow us to envision the following
352 scenario as a possible explanation for decadal variability in the tropical Pacific: an
353 initial increase in the level of ENSO activity results in a warming in the eastern
354 Pacific which in turn enhances the increase in the level of ENSO activity. (Recall that
355 a decadal warming in the background state can cause an elevation of ENSO activity
356 (Fedorov and Philander 2000, 2001; An and Jin 2001; and Wang and An 2001)). As
357 the associated deepening of the thermocline in the eastern Pacific exceeds a critical
358 value, the reduced thermocline feedback is no longer able to sustain the level of
359 ENSO activity already achieved, and the level of the ENSO activity then starts to
360 decline (Fedorov and Philander 2000, 2001). The decline in the level of ENSO
361 activity allows the radiative forcing that has been working in the background to retake
362 preeminence to bring the system closer to its equilibrium—an unstable situation that
363 is characterized by a larger thermal contrast between the warm-pool water and the
364 thermocline water (Liang et al. 2010). This unstable situation reopens the stage for
365 another strong epoch of ENSO activity. The relevance of this picture to the decadal
366 variability in the real world and in the models will be explored in detail in a
367 subsequent paper. Tree-ring records analyzed by Li et al. (2011) indicate that

368 interdecadal modulation of ENSO amplitude and its close coupling with interdecadal
369 tropical Pacific mean climate change had been a norm in the past millennium. An
370 analysis of the tropical Pacific decadal variability in a 2000-year integration with the
371 Geophysical Fluid Dynamics Laboratory Climate (Delworth et al. 2006, Wittenberg
372 2009) from the rectification prospective suggests that the rectification effect of ENSO
373 time-scale variability is involved in the tropical Pacific decadal variability generated
374 by the model (Ogata et al. 2012). An analysis of the variability on centennial
375 time-scales in the same model also reveals a spatial pattern of the variability
376 resembling the time-mean effect of ENSO as revealed here (Karnauskas et al. 2012),
377 raising the prospective that the importance of the rectification effect of ENSO may
378 not be limited to variability on decadal time-scales. Indeed, proxy data for the tropics
379 indicate that the medieval climate anomaly (MCA) and the little ice age (LIA) were
380 accompanied significant changes in the level of ENSO activity (Rein et al 2004, Cobb
381 et al. 2003, Graham et al. 2007).

382

383 The present results also show more clearly that the rectified effect of ENSO has a
384 complex spatial structure in the equatorial upper ocean (Fig. 5 and Fig. 6): an overall
385 reduction in the thermal contrast between the surface warm-pool and the subsurface
386 thermocline water is accompanied by a strengthening of the vertical stratification in
387 the central equatorial Pacific. Thus the present study may also potentially provide a
388 path to understand the dynamics behind the suggestion from empirical studies that the
389 transition (or change) from a weak ENSO regime to a strong ENSO regime (or vice
390 versa) on decadal and longer time-scales may be accompanied by a change in the
391 dominance by the two types of El Nino events--the central Pacific El Nino
392 (warm-pool El Nino or Modoki) and the eastern Pacific El Nino) (Sun and Yu 2009,

393 Yeh et al. 2009, Lee and McPhaden 2010, McPhaden et al. 2011). Will the initial
394 stabilization to the far eastern Pacific from an increase in the variance of ENSO be
395 necessarily accompanied by a destabilization of the central Pacific? Will the eventual
396 turn-around of the decadal warming follow right after the stabilization of the central
397 Pacific region is completed? Those issues are clearly interesting and will be addressed
398 in a subsequent study.

399

400 The current finding also highlights that the time-mean effect of ENSO includes a
401 substantial cooling to the warm-pool. The cooling is much more profound,
402 particularly at the surface level than the traditional ENSO residual map had suggested.
403 The present finding of a profound cooling to the western Pacific by the collective
404 effect of El Nino events highlights a role for other factors in causing the observed
405 warming in the western Pacific over the last few decades. Recall that in the two
406 experiments conducted in the present study, the thermal boundary conditions are kept
407 identical in order to isolate the role of upper ocean dynamics in rectifying ENSO. To
408 fully investigate the causes of the change in the tropical Pacific SST, one has to
409 consider the increase in the tropical maximum SST due to enhanced radiative heating
410 or other possible factors other than the nonlinear effect from ENSO dynamics. Based
411 on a coupled model, Sun (2003) has suggested that the elevated ENSO activity during
412 recent decades may be a consequence of the increasing tropical maximum SST.
413 Combining the results of Sun (2003) and the present results, the following scenario
414 surfaces as an enticing explanation for what has been going on over the last few
415 decades in the tropical Pacific: owing to a deterministic external heating (such as the
416 rise of CO₂) or accumulated effect from weather events, the SST in the center of the
417 warm-pool (the tropical maximum SST) has been experiencing a rise. In response,

418 ENSO activity increases (Sun 2003), which results in a broad decadal warming signal
419 in the central and eastern Pacific, but the corresponding cooling to the western Pacific
420 is not strong enough to offset the decadal rise in the SST over that region forced by
421 the external forcing or by the accumulated effect from the random weather events.
422 This also means that without the time-mean effect of ENSO events, we would have
423 seen a more pronounced warming in the warmest part of the world's open oceans.
424 Whether this scenario can be an adequate explanation for what has been happening
425 over the last few decades in the tropical Pacific will be investigated in a subsequent
426 study that will take into account the increases in the radiative heating due to the rise of
427 CO₂ as well as the Hasselmann effect on the warm-pool SST from the weather
428 events.

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435 **ACKNOWLEDGEMENTS**

436 This research was supported by a grant from NSF Climate and Large-Scale Dynamics
437 Program (AGS 0852329) and by grants from NOAA office of global programs--the
438 Earth System Science Program (ESS) and the Modeling, Analysis, and Prediction
439 Program (MAPP). The leading author would like to thank Dr. Mark Cane, Dr. Fei-Fei
440 Jin, Dr. Michael McPhaden, and Dr. Richard Seager for their encouragements on this
441 line of work on ENSO.

442

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607

608 **Figure Captions:**

609

610 **FIG. 1.** (a) Sea Surface Temperature (SST) differences between two epochs: 1977–
611 2003 and 1950–1976. (b) Niño3 SST time series. Niño3 SST (anomalies) (in
612 color). The black solid line is the variance of Niño3 SST anomalies obtained by
613 sliding a moving window of a width of 16 years. Note the epoch 1977–2003 has
614 higher level of ENSO activity than the previous period 1950–1976. (SST data
615 used are from the Hadley Center for Climate Prediction and Research) (Rayner et
616 al. 1996).

617

618 **FIG. 2.** Time series of Nino3 SST anomalies from the forced ocean GCM experiment
619 (dashed-line) and observations (solid line). The two time series have a correlation
620 of 0.75 with each other and a standard deviation of 0.79 °C (simulation) and 0.86
621 °C (observation) respectively.

622

623 **FIG. 3.** ENSO SST anomalies—warm phase (a), cold phase (b), and residual (warm
624 phase + cold phase) (c) in the observations (left panels) and in the forced ocean
625 GCM experiment (right panels). A 0.5 °C threshold value for the monthly SST
626 anomaly was used for obtaining the warm phase and cold phase composites. The
627 same threshold value was used for both the model simulations and the
628 observations.

629

630 **FIG. 4:** ENSO temperature anomalies in the equatorial upper ocean
631 (5°S–5°N)--warm phase (a), cold phase (b), and residual (warm phase + cold
632 phase) (d) from observations (left panels) and from the forced ocean GCM

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635 The same threshold value was used for both the model simulations and the
636 observations.

637

638 **FIG. 5.** (a) Time-mean temperature differences in the equatorial upper ocean
639 (5°S-5°N) between the run with ENSO in the surface forcing and the run without
640 ENSO in the surface forcing. (b) The corresponding SST differences.

641

642 **FIG. 6.** Same as in Fig. 5 except the ENSO fluctuations in the surface forcing of the
643 forced run is enhanced by 50% (measured by standard deviation). The standard
644 deviation of the resulting Nino3 SST with the enhanced ENSO fluctuations in the
645 surface forcing is enhanced by about the same amount (from 0.79 °C to 1.15 °C).

646

647 **FIG. 7.** Distribution of Nonlinear Dynamics Heating (NDH) in the run with ENSO
648 for the equatorial upper ocean (5°S-5°N) as a function of longitude and depth (a)
649 and for the surface layer of the tropical Pacific as a function of latitude and
650 longitude (b). The contours are the corresponding time mean upper ocean
651 temperature (a) and SST (b).

652

653 **FIG. 8.** Same as in Fig. 7 except that they are the differences between the run with
654 ENSO and the run without ENSO.

655

656 **FIG. 9:** The zonal (a), meridional (b), and vertical (c) components of the Nonlinear
657 Dynamics Heating (NDH) in the equatorial upper ocean (5°S-5°N) as a function

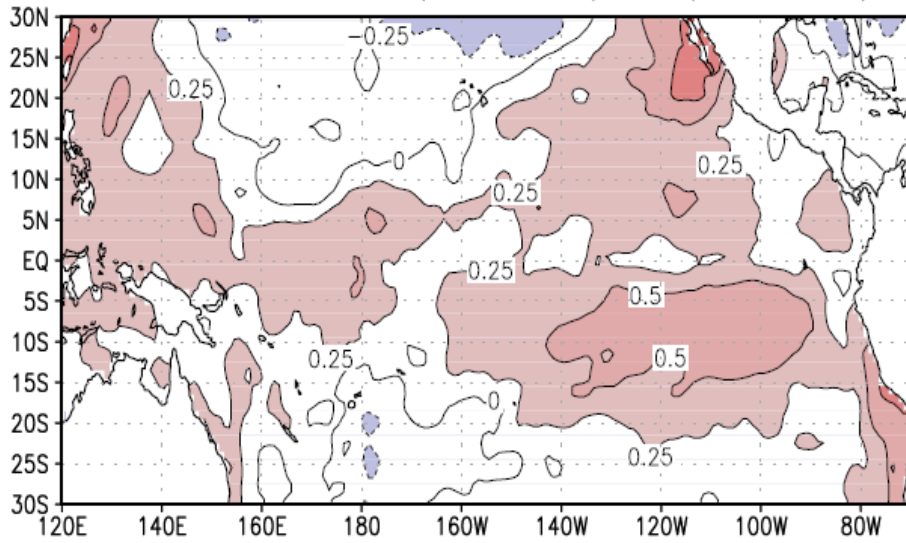
658 of longitude and depth in the run with ENSO (left three panels). (Contours in
659 these figures (a, b, c) are the corresponding time-mean upper ocean temperature).
660 The right three panels (d, e, f) show respectively the same quantities as in left
661 three panels, but with the corresponding term in the run without ENSO removed.
662 (Contours in the figures (d, e, f) are the differences in the time-mean upper ocean
663 temperature between the run with ENSO and the run without ENSO).

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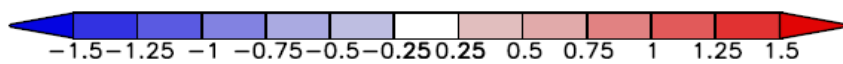
665 **FIG. 10:** The zonal (a), meridional (b), and vertical (c) components of the Nonlinear
666 Dynamics Heating (NDH) as a function of longitude and latitude for the surface
667 layer in the run with ENSO (left three panels). Contours in the figures (a, b, c) are
668 the corresponding time-mean SST). The right three panels (d, e, f) show
669 respectively the same quantity as in the left three panels, but with the
670 corresponding term in the run without ENSO removed. (Contours in the figures
671 (d, e, f) are the differences in the time-mean SST between the run with ENSO and
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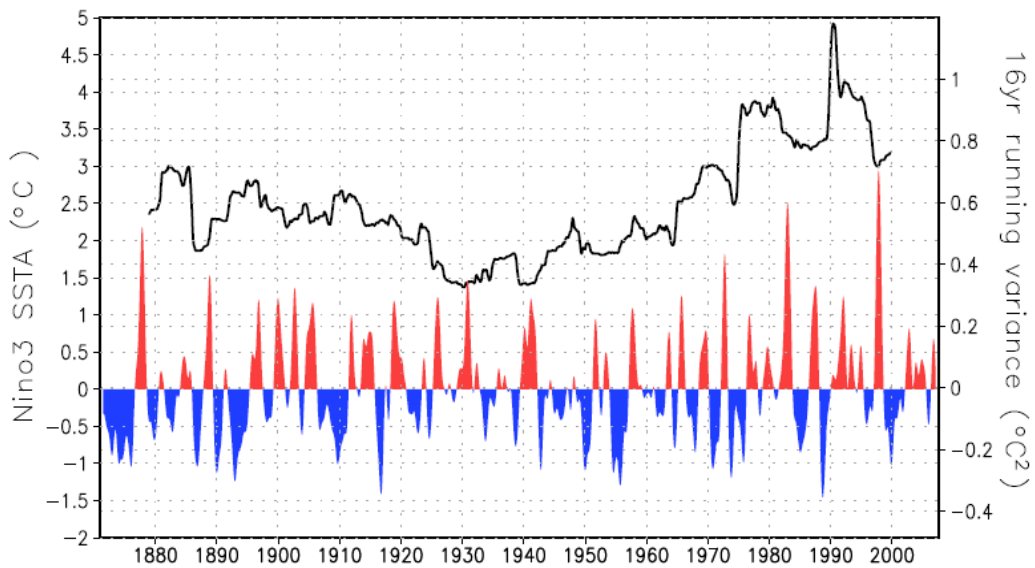
SST difference between (1977–2003) and (1950–1976)



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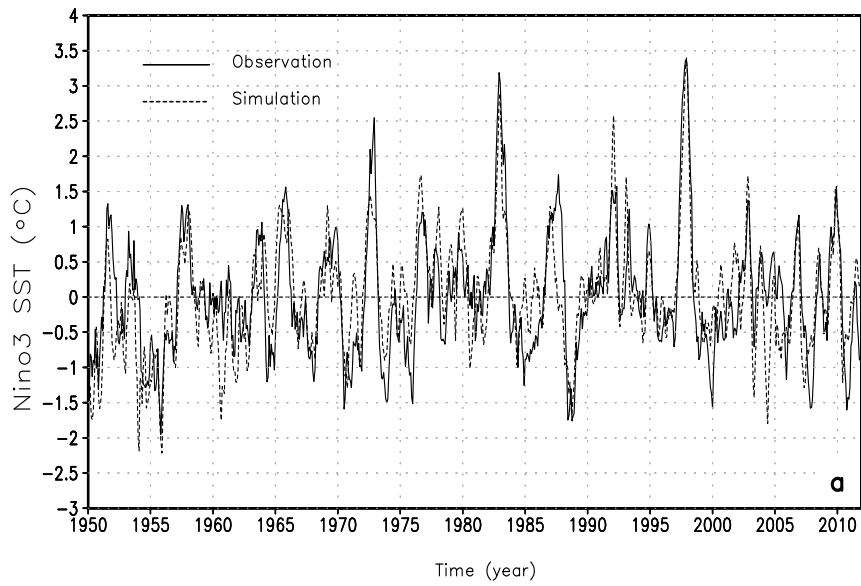


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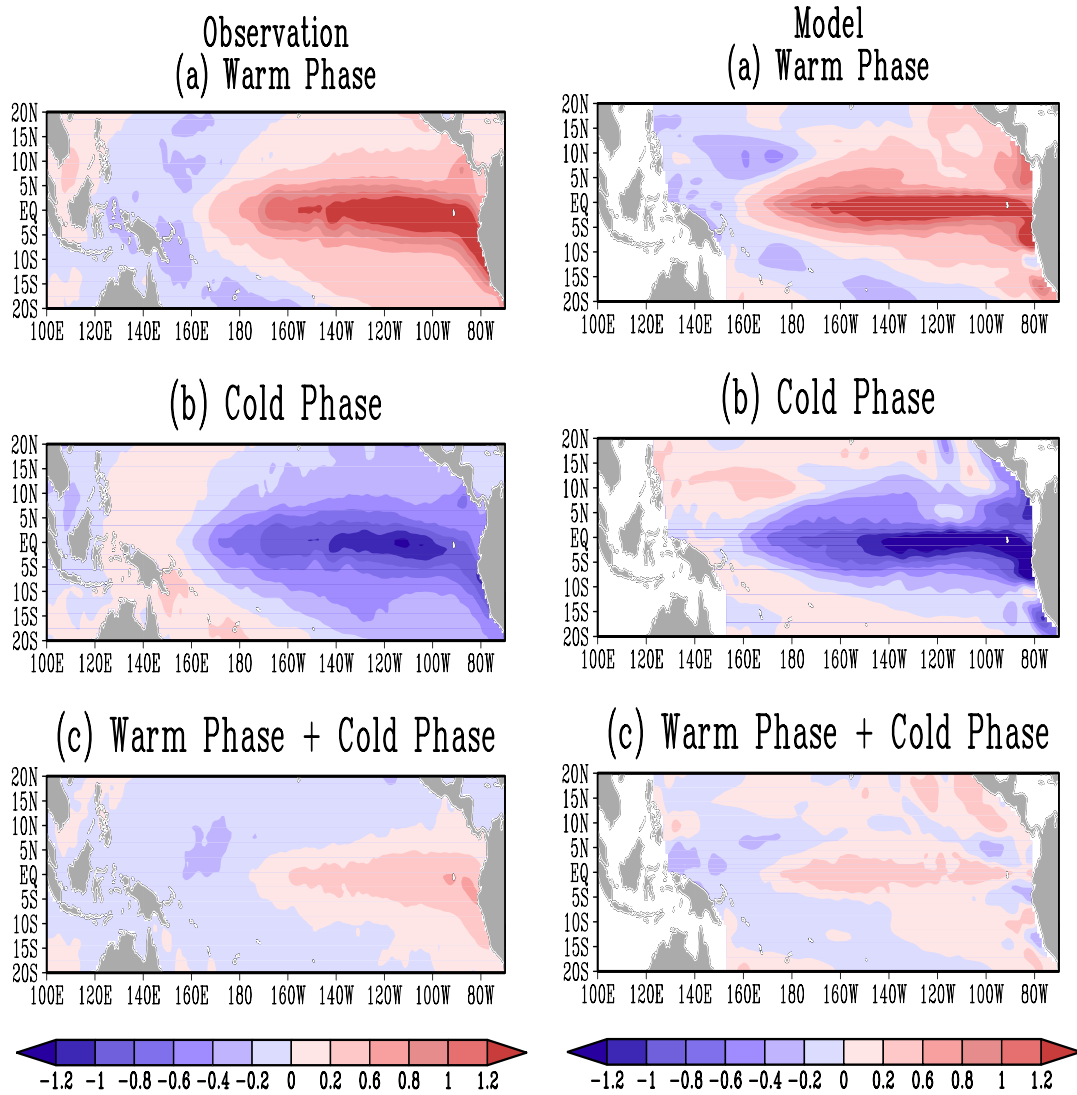
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689 **FIG. 2.** Time series of Nino3 SST anomalies from the forced ocean GCM experiment
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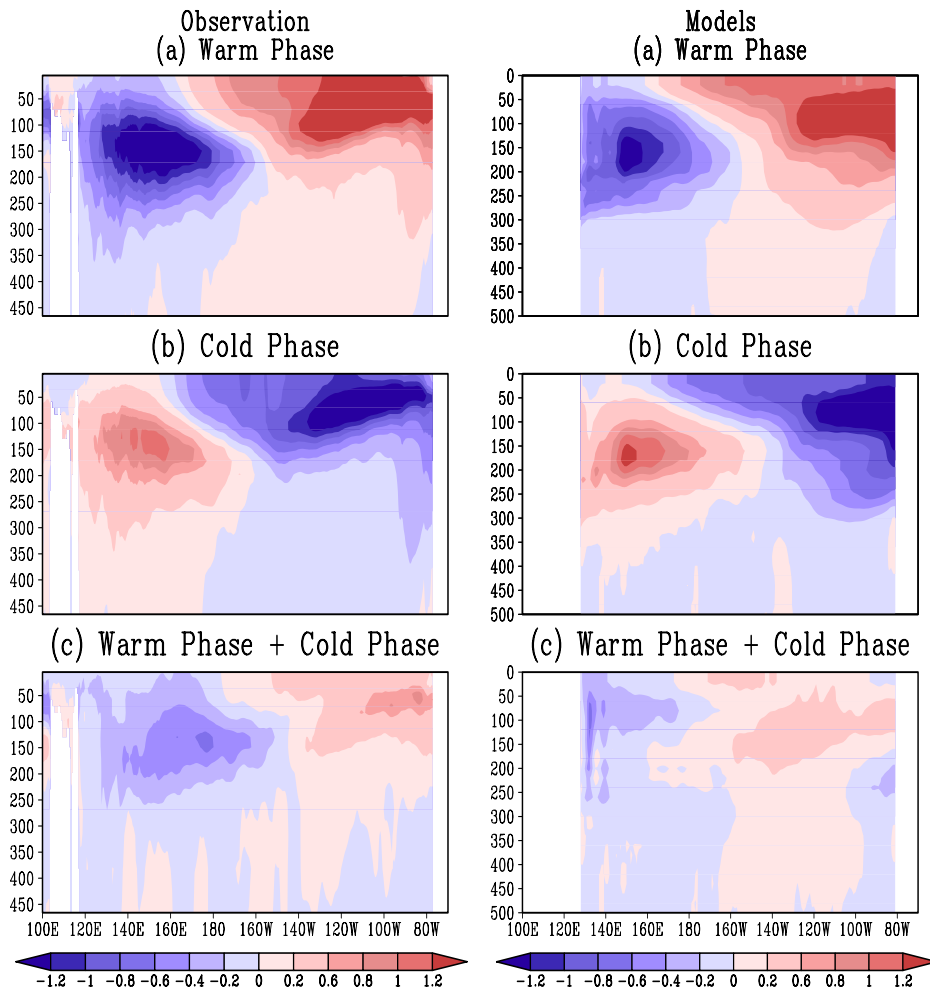


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695 **FIG. 3.** ENSO SST anomalies—warm phase (a), cold phase (b), and residual (warm
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 697 experiment (right panels). A 0.5 °C threshold value for the monthly SST anomaly was
 698 used for obtaining the warm phase and cold phase composites. The same threshold
 699 value was used for both the model simulations and the observations.
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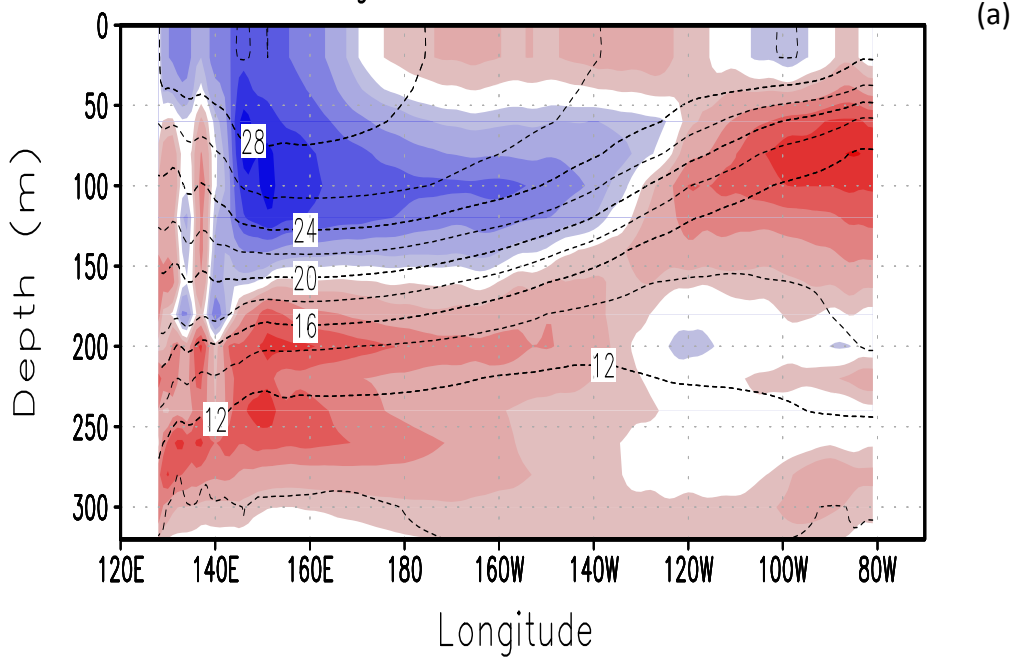
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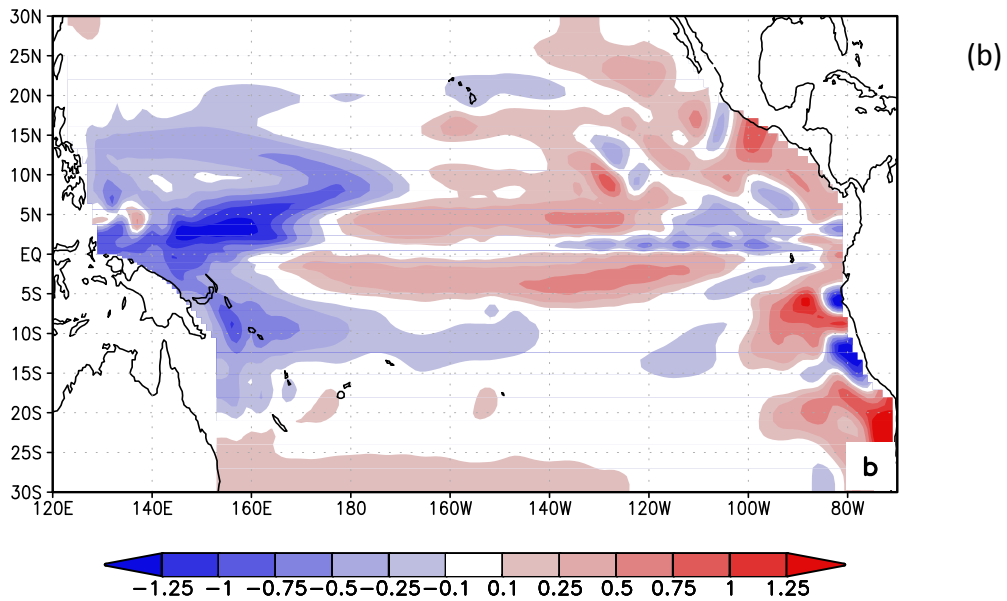
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Time mean (1950–2011) upper ocean temperature differences
 fluctuating wind runs – fixed wind runs



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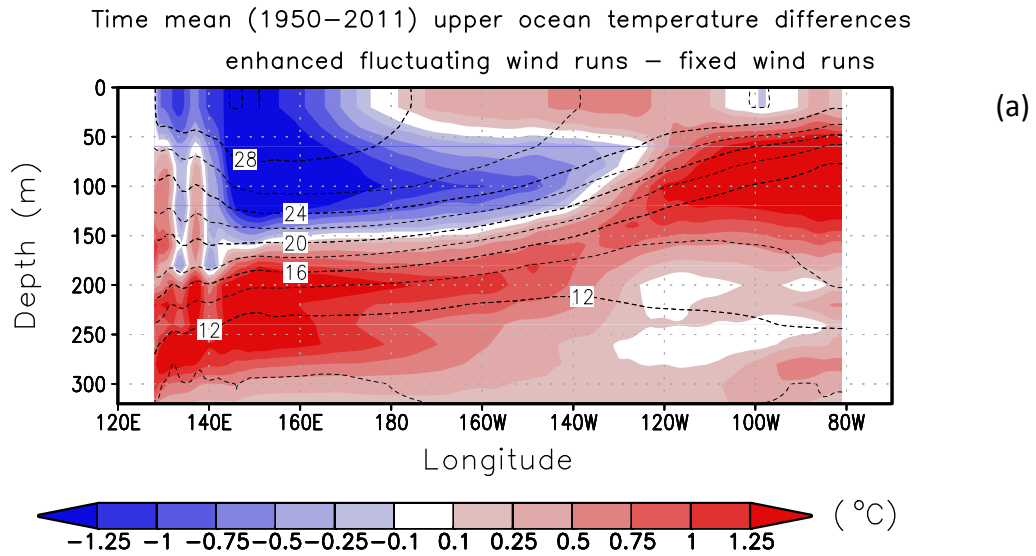
Time (year)
 62yrs (1950–2011) time mean results (fluctuating wind minus fixed wind)



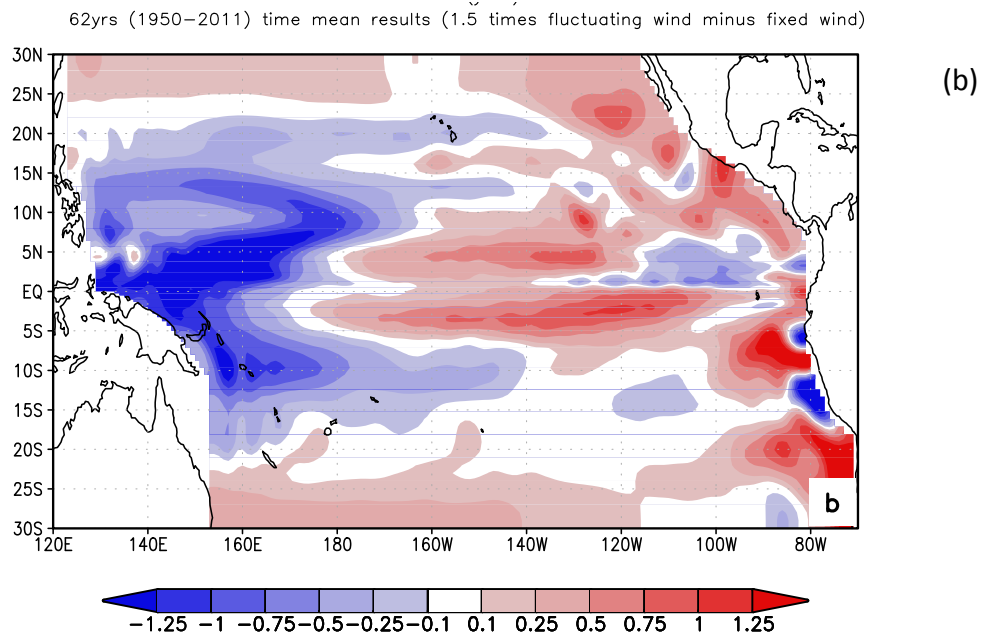
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FIG. 5. (a) Time-mean temperature differences in the equatorial upper ocean (5°S–5°N) between the run with ENSO in the surface forcing and the run without ENSO in the surface forcing. (Dashed contour lines are the time-mean temperature from the run without ENSO). (b) The corresponding SST differences.

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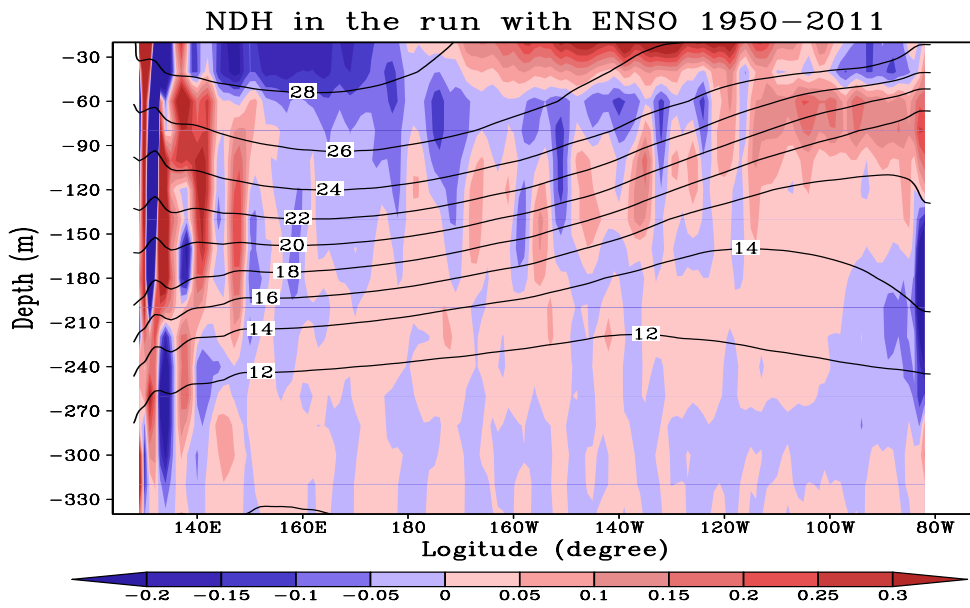


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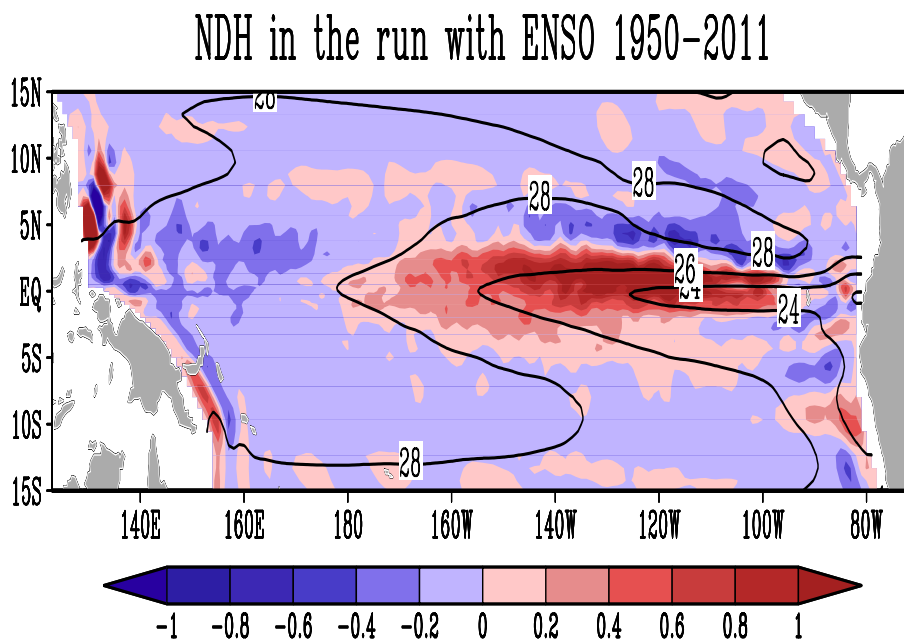
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(a)



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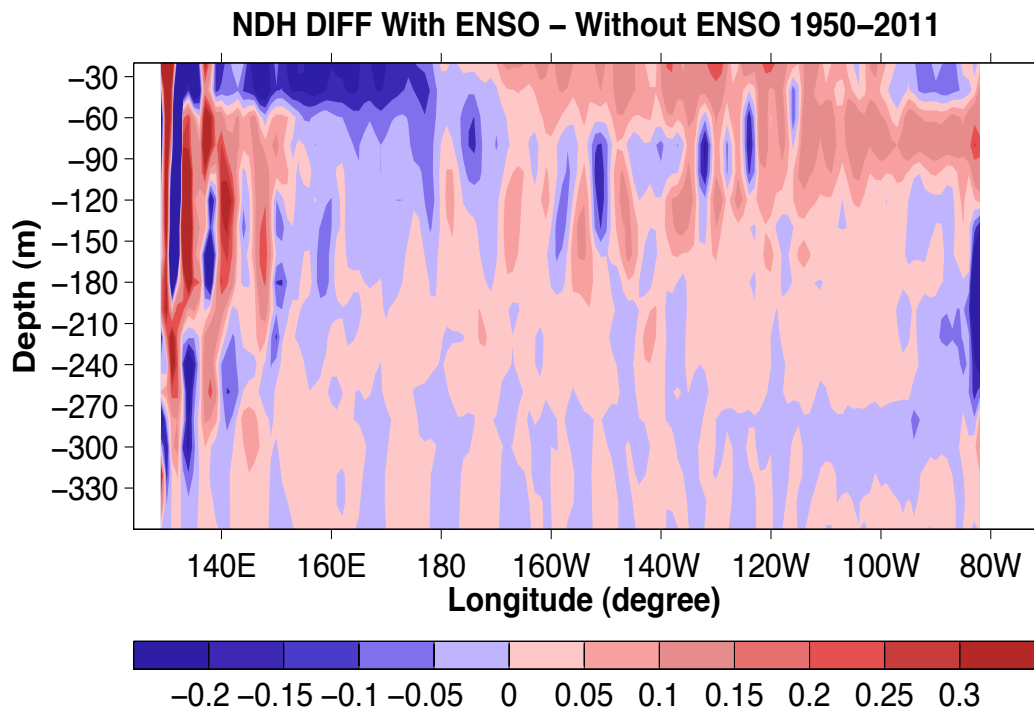
(b)



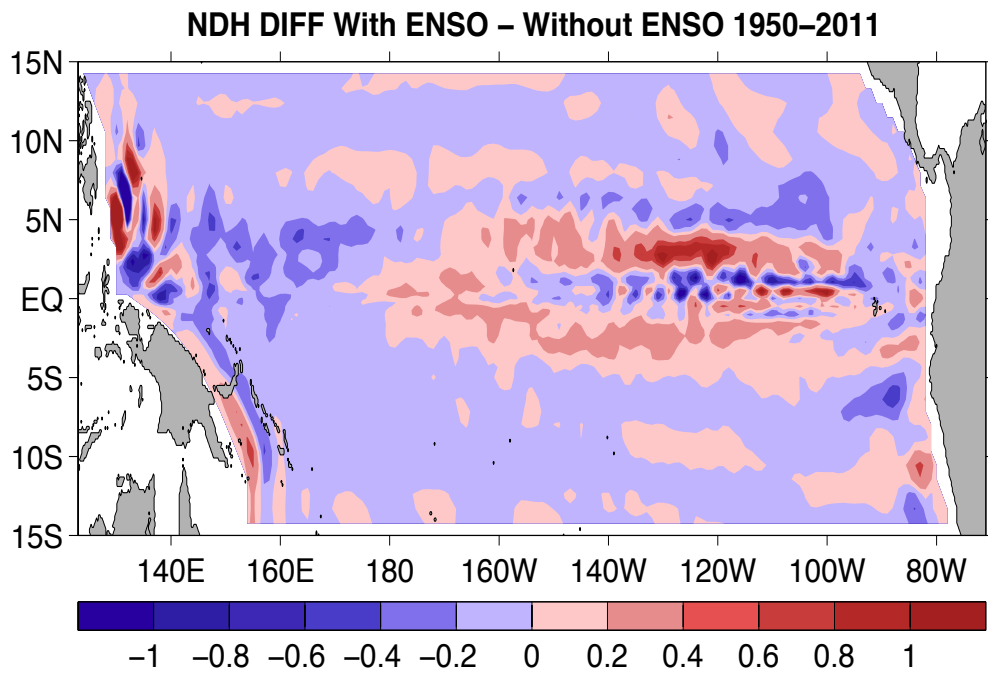
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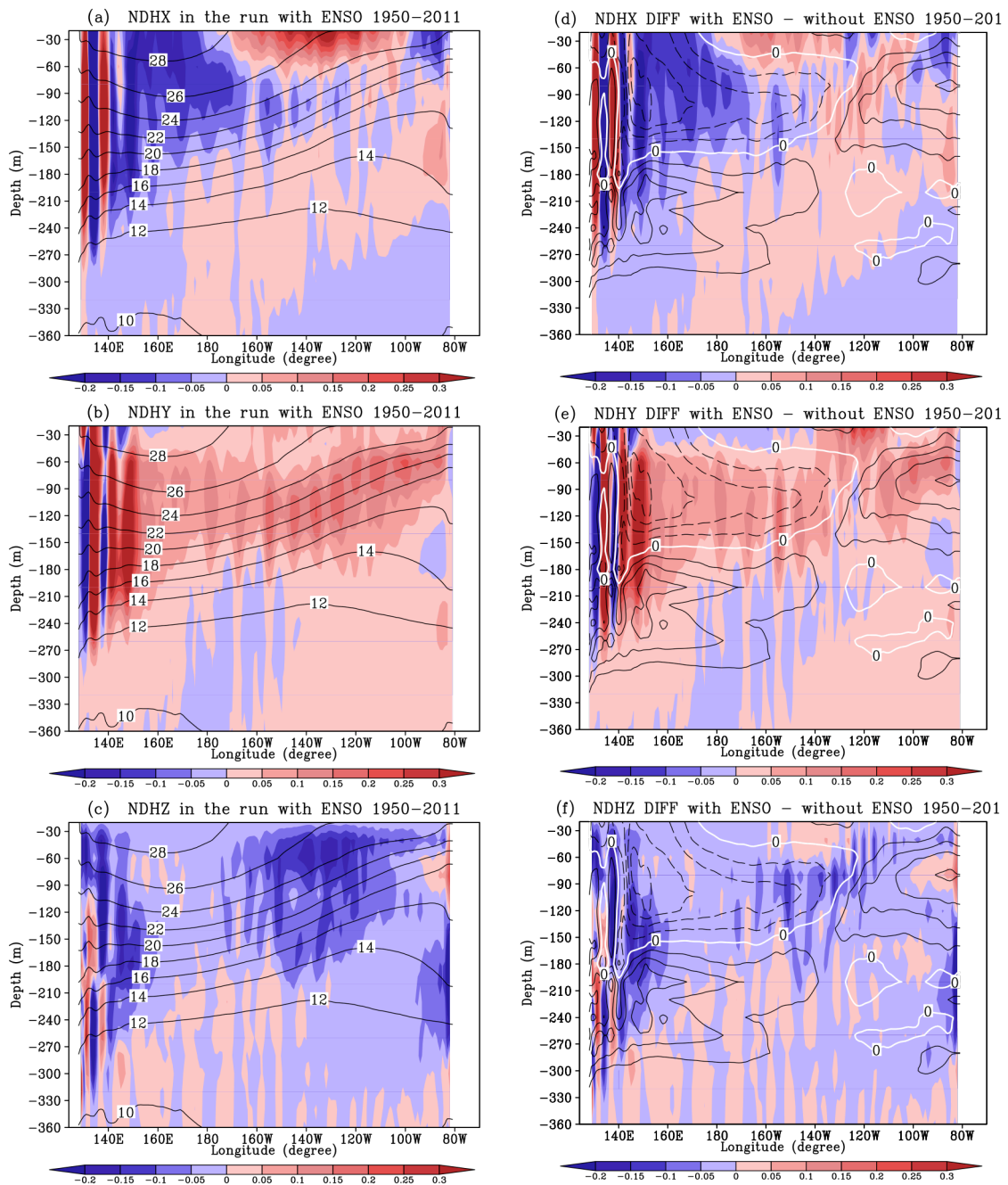
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FIG. 9: The zonal (a), meridional (b), and vertical (c) components of the Nonlinear Dynamics Heating (NDH) in the equatorial upper ocean (5°S - 5°N) as a function of longitude and depth in the run with ENSO (left three panels). (Contours in these figures (a, b, c) are the corresponding time-mean upper ocean temperature). The right three panels (d, e, f) show respectively the same quantities as in left three panels, but with the corresponding term in the run without ENSO removed. (Contours in the figures (d, e, f) are the differences in the time-mean upper ocean temperature between the run with ENSO and the run without ENSO).

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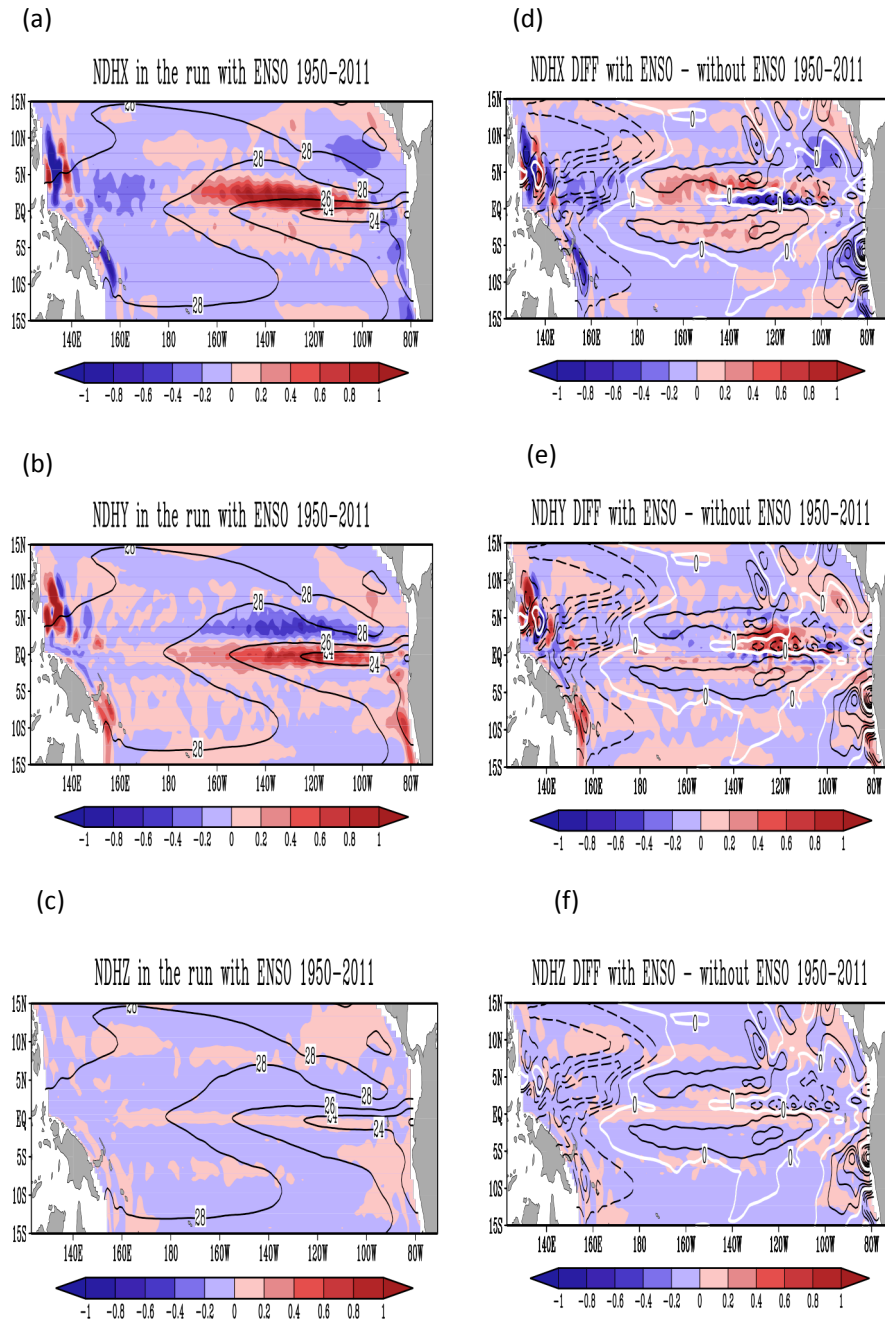


FIG. 10: The zonal (a), meridional (b), and vertical (c) components of the Nonlinear Dynamics Heating (NDH) as a function of longitude and latitude for the surface layer in the run with ENSO (left three panels). (Contours in the figures (a, b, c) are the corresponding time-mean SST). The right three panels (d, e, f) show respectively the same quantity as in the left three panels, but with the corresponding term in the run without ENSO removed. (Contours in the figures (d, e, f) are the differences in the time-mean SST between the run with ENSO and the run without ENSO.)